

The BUZZ

Tomahawk Elementary PTO Newsletter

(Continued from page 3)

Also, the fifth grade winter chorus concert has been rescheduled for Tuesday, February 17th at 7 PM. Their program is entitled "SnowBiz."

Kindergarten Connections

Vicky Weaver, Kindergarten Teacher

We are looking forward to celebrating the "100th Day of School" tentatively on Wed., Feb. 4 (weather permitting). Please be practicing with your child on counting to 100 by 1's, 5's, and 10's. We will also be working on counting to 20 by 2's.

A BIG THANK YOU to all those parents who scheduled a meeting regarding your child for parent/teacher conference time. If you were unable to do this, please take some time to talk with your child's teacher regarding your child. It is important for you to check on the progress of your child at this time of year. Thanks for your support!

ARTifacts

Cindy Watson, Art Co-Chair

Our art program is cruising right along at high speed at TES. Incredible projects were recently completed by the second grade classes. Ms. Gliniski is currently working with the first grade, T-1, kindergarten and pre-K classes. Be watching for more information about the amazing art show we have

planned for you at the end of April. More information will be available on that next month!

Fitness Fun

Woody Wooldridge, P.E.

On Thursday, March 12th (snow date March 16th), our school will hold its 22nd annual Jump Rope for Heart (JRFH) event to raise funds for the American Heart Association. In the past 21 years our student population has raised over \$140,000 to help fund potentially lifesaving research into heart and blood vessel diseases. We are joining the fight against out nations #1 killer-cardiovascular diseases and strokes.

JRFH is a fun and effective way to teach heart-healthy living. It emphasizes the importance of physical activity as the children do something they enjoy; jumping rope. JRFH is NOT an individual marathon, but a team sport. One student from each six member team will jump rope for 1 to 3 minutes (or until tiring) then pass the rope to a teammate who steps in and continues.

Pre K, K, T1, & 1st grade students will jump for 30 minutes 2nd grade will jump for 60 minutes 3rd, 4th, & 5th graders will jump for 75 minutes.

Since we are having our JRFH during the regular school day all students will be expected to participate unless a medical

condition prevents them from doing so. The collection of money will be voluntary.

In the next week or so your child will be bringing home a letter and a collection envelope that may answer any other questions that you may have. Family and friends can support your child's participation with financial contributions. However, we ask that children do not go door to door asking for donations. Last year your generosity and hard work help us raise over \$15,000. When raising contributions please make sure all checks are made payable to the American Heart Association.

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Tomahawk Elementary School
155 Bee Drive
Lynchburg, VA 24502
(434) 237-4090

Barbara Rypkema, Editor
Rypkema@verizon.net

Parents: Please feel free to email your ideas or suggestions for future issues of our newsletter to the email address above.

From The Assistant Principal's Hive...

Mr. Jon Hardie



On March 3rd and 4th we will be conducting the Virginia Standards of Learning (SOL) Writing tests for 5th grade students. Listed below are some helpful tips on how you can help your child be successful during testing.

- **Be on time** If a student is tardy, they might feel anxiety and not perform their best.
- **Change any appointments for your child.** Once testing has begun we cannot interrupt students during their testing session.
- **Get a good night's sleep.** Research shows that students that are well rested test better.
- **Eat Breakfast.** Students perform better when they have had a balanced breakfast.
- **Encourage** your child to do their best.

As a parent, you are the single most influential person in your child's life. So please encourage your child to do their very best when it comes to testing. It is so very important to have your child at school on time so that he/she can do their best without any interruptions.

Library Book Fair PTO Chili & Hot Dog Dinner!

Tues., Feb. 10th ~ 6:30pm

Book Fair Hours on Tues. 8:30am to 8pm
General PTO Meeting ~ 7pm

Buy your tickets now to be entered into a drawing for a Crown Sterling Gift Certificate.

Volunteers are needed! Volunteers are needed to help throughout the Book Fair! Please contact Mrs. Meredith if you are available for any of the fair dates!

See Important Dates for Book Fair Hours!



FEBRUARY IMPORTANT DATES

Mon. 2/2	Campbell County School Board Meeting 7pm ~ Campbell Co. Technical Center
Wed. 2/4	100th Day of School (Weather Permitting)
Fri. 2/6	Father/Daughter Dance (Grades 3, 4, & 5) 7 - 8:30pm ~ Gym
Tues. 2/10	Book Fair 8:30am - 8pm PTO Chili Dinner 6:30 pm PTO Membership Meeting 7pm
Wed. 2/11	Book Fair 8:30am - 4pm
Thurs. 2/12	Book Fair 8:30am - 8:30pm 2nd Grade Music Program 7pm
Fri. 2/13	Book Fair 8:30am - 4pm
Tues. 2/17	5th Grade Music Program 7pm

Santa Breakfast a Success!

Cindy Watson, Santa Co-Chair

TES held our 2nd Annual Breakfast with Santa on the 6th of December. Once again the event featured a pancake breakfast. As a matter of fact, we served over 300 people that morning. And, over 100 families visited with Santa to share their Christmas wish lists and have their pictures taken. It was a huge success and a wonderful tradition thanks to help from our fabulous BHS Key Club, National Honor Society and 4-H Club volunteers. Thank you to everyone who attended and helped. Be sure to mark your calendars for December 5th, 2009 3rd Annual event! Hope to see you there.

FUNdraising

Susan Litchford, Chair

FunQuest ~ We hope everyone is enjoying the Fun Nights. We had a great turn out on January 15th. Mark your calendars now for March 5, 2009 from 4:00 - 8:30.

Box Tops ~ We have received \$1,816.00 from our October submissions. We will turn them in again on February 26. Here are the grade level leaders as of December 16, 2008.

* K - Mrs. Keesee

- * 1st - Mrs. Wimmer
- * 2nd - Ms. Shannon
- * 3rd - Mrs. Hawkins
- * 4th - Mrs. Anthony
- * 5th - Mrs. Morton
- * Overall leader - Ms. Dailey

Nestle Water Labels ~ We have already collected 12,000 label. These labels gives us credits to purchase playground equipment for our classrooms.

Also, don't forget our Trash to Treasure items: ink cartridges, Tyson labels, and Campbell Soup Labels.

T-shirts ~ You can still order t-shirts and sweatshirts from Spirit and Pride. The website is: www.spiritandpride.com.

From the School Nurse

Susan Anderson, R.N.

Parents, the stomach virus is much better here at TES, but it lingers still! Most of the children come into the clinic, complaining of a headache and tummy issues. This virus seems to have a quick onset, so your child may not have any complaints before leaving for school, but might feel sick by lunchtime. If your child does throw up or have diarrhea, with or without a fever, please make sure he or she is completely well before returning to school. Stay away from greasy, heavy foods for a few days and offer

School Closing Information

Immediately after the decision is made to close school the four local television stations and 16 area radio stations are made aware of the county's status. You are encouraged to continue to listen to these stations for further updates throughout the day because of changing weather and road conditions. Information about school closings may also be found on our Campbell County Schools web site and Schoolsout.com. Please keep in mind, a delayed opening of one hour could change to a two-hour delay or even a closing.

WHLF(FM) 95.3
 WVTF (FM) 89.1
 WRVL (FM) 88.3
 WJJS - 106.1/101.7 FM
 WMGR - Magic FM 104.9
 WROV - 96.3 FM
 WJLM - 93.5 FM
 WRIS (AM) J-93 (FM)
 WYYD - 108
 WRXT - 90.3 SPIRIT FM
 WRVX - (FM) 97.9
 WBRG (AM) 1050
 WXLK (FM) 92
 WSLQ (FM) 99
 WSLC - 94.0 (Star Country)
 WFIR (AM) 960
 VIBE - 100
 WMNA
 WTTX
 WKDE 105.5
 WPDO
 WSLS - TV 10
 WDBJ - TV 7
 WSET - TV 13

PTO President's Buzz...

Tammy Slade, PTO President

I hope everyone is back into the swing of things now that it's February. We have had a great first half of the school year and are looking forward to an even better second half. We have a lot of exciting events happening.

It is that time again where I am asking if there is anyone out there that would like to be a part of our PTO Board. We are in need of people for the 09/10 school year to be co-chairs with our current board members. If you are interested in this opportunity please contact me at tes86@aol.com or 239-5024. This is a very exciting way to be involved in your child(ren)'s school.

We have our PTO General meeting schedule for February 10, 2009 at 7:00 please come out and hear what the PTO has been up to.

Chili Dinner ~ Our 2nd annual Book Fair Chili Dinner is schedule for February 10, 2009 at 6:30 tickets have already gone on sale and if you buy your tickets in advanced your name will be put in a drawing for a Crown Sterling Gift Certificate. Come out and enjoy good food, our General PTO meeting and check out the Book Fair.

Hershey Bar Raffle ~ Win a 5 pound Hershey Bar. Raffle starts February 9th and goes through February 12th. Winner will be drawn on February 13th. Cost of raffle is 25 cent for each chance. Please send in the money with your child(ren) there will be people in lobby taking the money and putting the names in a drawing.

bland foods like toast, crackers, soups and bananas. Applesauce works a lot like Kayopectate for diarrhea, since it has the ingredient, pectin.

Please remember to keep me posted with any new medical issues, or any medication changes your child might have. If your child has to take antibiotics during the school

day, ask the pharmacist to split the medication into two bottles so that I may dispense one here.

Library Tales...

Kathy Meredith, Librarian

The biggest news in the library in February is, of course, our Bedford Falls Book Fair. All proceeds go to support the

library program: buying additional books, supplies, A.R. quizzes, and hopefully our author visits later in the spring. (More on that next month!!) This year, our Book Fair's opening coincides with the P.T.O.'s Chili /Hot Dog Dinner. We truly appreciate your patronage and support, both financially and from our wonderful volunteers!

Tues. 2/10 ~ 8:15am - 8pm
 Wed. 2/11 ~ 8:15am - 4pm
 Thurs. 2/12 ~ 8:15am - 8:30pm
 Fri. 2/13 ~ 8:15am - 4pm

Every year as a part of our fair, we support our classroom teachers as they build collections of books for their classes with the Teacher Wish List program. (Look for the pockets on the wall)! Thank you in advance for supporting our teaching staff as well as the library program.

If you'd like to volunteer, please e-mail me at: kmeredith@campbell.k12.va.us ...See you at the Fair!

Music Notes

Diana Parker, Music Teacher

We have several performances coming up in February. The first is a program by all of second grade on Thursday, Feb. 12th at 7 PM entitled "Weather the Weather." School performances will also be on that day.