

News from the Library...

By: Kathy Meredith

I'd like to thank and congratulate our fifth grade library helpers for this year. They ROCK!

They are: Lexi Adams, Sallie Blanks, Ben Coulter, Brian Cox, Matt Dooley, Kaleigh Henson, Jamie May, Gavin Porpora, Denisha Rucker, Marilyn Shumpis

Also, just a reminder we have a link to search Tomahawk's A.R. booklist: [http://www.quizlist.net/\(qlls3uf0ven4obfrd341n155\)/search.aspx?id=5274](http://www.quizlist.net/(qlls3uf0ven4obfrd341n155)/search.aspx?id=5274).

2007 Fall Carnival Wrap Up

By: Barbara Rypkema

A huge thank you again to all of the people who participated in the 2007 Fall Carnival at the end of September!

We are pleased to announce that we raised just over \$9,000! The fall budget goal was \$11,000. but thanks to a grant from the Target Corporation and a grant from the Garland Gray Grant Foundation through the Science Museum of Virginia we are able to meet the fall budget without having to do any additional fundraising! YEAH!

The carnival could not have been as successful as it was without all of the wonderful volunteers who worked the day. From selling tickets, running games and serving good volunteers were everywhere being an active part of

TES. A special thank you to the Brookeville High School Key Club and Varsity Cheerleaders for their volunteer help also!

A special thank you as well to the many companies and individuals who supported the carnival through their generous sponsorships and product donations. They include Advanced Rental Properties, AID Tire, Arthur's Jewelry, Bliss Salon, Brookville Band Boosters, Curtains, Blinds & Bath, Crown Sterling, Detroit Tigers, Brandon Inge, Disney, Dr. W. Lee Phillips, Fallwell Aviation, Fred Watson, Fleet Laboratories, Grand Furniture, Harley Davidson, Heritage Green, High Peak Sporting Goods, The Lynchburg Hillcats, Hot Spot Tanning, Industrial Plating, Jennifer and Tom Vaughn, Joe Bean's, Kidz Jump, La Villa, Lark Printing, Lowe's, Mable Franklin, Mabry Automotive Group, Martha Hamlett, Painted Forest, Patti Dunnivant, Pack 48 Cub Scouts, Royal Chevrolet, Saturn of Lynchburg, Shear Illuzions, Shear Perfections, Sundae Grill, Southern Air, Sylvan Learning Center, The Framery, Tomahawk Teachers and Staff, Upper Crust Pizza, VA Tech, Wooden Chair, Sonic (Wards Road), Q99 Radio, West Manor, Super China Buffet, Lynchburg Music, Cathy Duval/Creative Memories, High Point Furniture, Cattle Annies, Kroger and Putt-Putt Golf.

Also the PTO would like to give a very special thank you to all who served on the Carnival Committee, Sonja Yoder and Caren Bowling for heading up the carnival, Sara Hall, Susan Anderson, Allison Schmit, Lisa Schmit, and Tammy Slade for all of their hard work on

the silent auction, Carol Epperson for her work on sponsorships and the silent auction, Jennifer Onuffer and Cindy Watson for their assistance with the food, and Mrs. Brown for being the "voice in the box" among other things during the carnival. Also, thank you to ANYONE else who may not be listed who supported the carnival in some fashion, from the custodial staff to the parents, children and community sponsors we couldn't have done it without you!

On a closing note the PTO sent home a "Carnival Report Card" in October. We WANT and NEED your feedback as we start planning the 2008 carnival. Please fill out the form and return it to your child's teacher and they will make sure we receive it! If you don't have the form or would prefer to speak to someone directly please contact Tammy Slade at 239-5024 or email her at tes86.aol.com.

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Parents:
Please feel free to email your ideas or suggestions for future issues of our newsletter to the email address above.

THE B UZZ

Tomahawk Elementary PTO Newsletter

IMPORTANT DATES

November 1	4th Grade Field Trip to Jamestown
November 5	1st Grade Field Trip to Safari Park
November 5	3rd Grade Field Trip to Natural Bridge
November 6	Election Day School Closed
November 15	School picture retakes, make-up pictures for students that were absent on previous days of October 9 and 10
November 12 ~ 18	Children's Book Week
November 11 ~17	American Education Week ~ Theme: <i>Great Public Schools: A Basic Right and Our Responsibility</i>
November 20	End of Second Six Weeks
November 21 ~ 23	Thanksgiving Holiday Schools Closed
December 1	Breakfast with Santa
December 3	Report Cards Go Home

From The Principals Hive...

Mrs. Donna Brown



"I like to think that the greatest success of any life is that moment when a teacher touches a child's heart and it is never again the same... Everything America is or ever hopes to be depends upon what happens in our school's classrooms."
—Frosty Troy, editor *Oklahoma Observer*

During the week of November 11-17, we will celebrate American Education Week. The theme for this year is *Great Public Schools: A Basic Right and Our Responsibility* which focuses on the importance of everyone working collaboratively on the

success of our schools as a teacher, administrator, parent, student, leader, or as a member of the community. The above quote reiterates the importance of providing the best schools for our students, so that each individual can reach their full potential and be a resourceful, knowledgeable, contributing member of the future. We encourage you to become active participants in the schools by volunteering your time to help within the classroom, joining the Parent and Teacher Organization, attending parent and teacher conferences, assisting in the library, sharing your talents, volunteering to assist with the art program, reading to your child's classroom, helping with school beautification projects, reviewing the skills covered in the classroom with your child, and praising the accomplishments of each child. Working together we can have the **best** school for our children!

Breakfast With Santa

Saturday morning, December 1st



Make plans now to join us for "Breakfast With Santa." Bring the kids, share breakfast, make crafts and have pictures taken with Santa while helping the PTO raise money for the spring fundraiser! Watch the Monday folders in November for more information!

Junior Achievement

By: Joan Deal

Many thanks to all the volunteers who have signed up to teach Junior Achievement to our children this year. We will be providing JA for our 3rd - 5th graders this fall, and for Kindergarten - 2nd graders next spring. If you plan to teach this fall, you should soon be contacted by the local JA coordinator (if not already) who will meet with you and provide you a wonderful packet of teaching materials.

If you are still interested in participating as a JA teacher at Tomahawk, it's not too late to sign up. You can volunteer by calling Joan Deal at 528-2254 or by contacting her through email at Joan.Deal@Centrahealth.com.

Teaching JA is a great way to volunteer, have fun, and make a lasting impression on our children!



FUNdraising

By: Susan Litchford

Box Tops

Wow!! What a great job we have done so far with our box tops. This is a year-long collection, so keep saving your box tops. Watch the December newsletter for the results from this contest. The next contest will end February 28, 2008 (please note the new date). Also, box tops has many stores that will give a portion of your order back to the school. Please visit www.boxtops4education.com and register today.

T-Shirts and Sweatshirts

The T-shirt and sweatshirt orders have been placed and should be arriving around the middle of November. You can still order your T-shirt or sweatshirt on-line at www.spiritandpride.com. The school ID number is 193732 or you can search for the school by name.

What the PTO Collects

Tried of selling items to raise money for our school? The PTO would love to get away from selling. There are year long ways we can make money: Box tops, Tyson Frozen Foods ABC123 panels from bags and boxes, Campbell Soup Labels, and Ink Cartridge Recycling. Please continue to support these easy ways for the school to make money.

Attention Bakers

We also have 7oz bottles of Vanilla, Butter, and Lemon Flavoring for sale for \$3.00 each. If you need one, please contact Susan Litchford at 832-8166.

Hospitality

By: Kathy May

Thank you to the following people who provided food for our dinner during parent/teacher conferences.

Cindy Watson, Cynthia Laughlin, Jennifer Vaughn, Misty Arthur, Lisa Arrington, Schre Shockley, Kim Schulz, Lila Walters, Karen & Dave Webb, Kelly Gardner, Mary Floyd, Kristin Mascera, Susan Litchford, Jenny Dooley, Kathy



Reed, Michelle Noel, Miranda Wade, Denise Kincher, Angel Druding, Tonya Smetz, Joyce Ervin and Lisa Schmitt.

We have many things planned for American Education Week in November. If you have already signed up to help out the Hospitality committee, we may be calling you soon. If you would like to be a part of the Hospitality team, please call Kathy May, 525-3619 or Cherie Stamey, 237-8470.

Physical Education

By: Woody Wooldridge, P.E.

Grades K, T-1, and 1st will continue to work on manipulative activities with various types of equipment, spatial awareness, and cooperative games.

Grades 2nd, 3rd, 4th, and 5th will be concentrating on cardiovascular conditioning and ways to achieve this. Activities to be covered will be soccer, crab soccer, frisbees, and volleyball.

For the 24th year, our school personnel will be participating in the Governor's Fitness Award Program. The purpose of this program is to encourage individuals that do not exercise regularly to begin and continue a program that will improve the condition of the cardiovascular system. It is also to challenge those already involved to increase their levels of participation. Participants must be active a minimum of 3 times per week to qualify for an award.

By now, the 2nd, 3rd, 4th, & 5th grade parents should have received their child's Physical

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Fitness Report Card. When you have received it, please sign and return the card as soon as possible. Please assess the fitness level of your child in correlation with their age. If you noticed that your child scored below the 50% on any test items then encourage the participation of the activity listed below that test item. Thanks for your support.

We are continuing our collection of Campbell Soup Labels. Please cut the UPC code off of the label and send it to school with your child to place in Campbell collection bin located in the front lobby. Last year we collected 17,000 labels leading to free footballs, basketballs, and other equipment that we use in class as well as providing equipment for the children during their recess. Continue supporting our program here at Tomahawk by saving those labels!

****Reminder... Please make sure that your child is dressed appropriately for gym class. Tennis shoes are a must!! We appreciate your help in this matter.**

From the School Nurse

By: Susan Anderson, RN, School Nurse



Just a few suggestions about keeping children home from school if they've been sick.

- Pediatricians recommend keeping a child home if there

is a fever of 100 degrees or higher.

- Since fevers tend to go up and down, it's a good idea to wait until your child is fever-free for 24 hours.
- Be aware that gastrointestinal viruses can make a child weak from losing fluids, so make sure your child is feeling perky enough to come back to school. A lack of appetite is normal, so give plenty of fluids such as ginger ale, popsicles, jello, water and juice. Stay away from heavy, greasy food for several days.

If you have any questions, please call and I'll be happy to guide you.

If your child needs medication at school, please have an adult bring it in and sign our medication authorization form. **Please do not send medication in with your child.** This is per school policy.

If possible, please schedule your child's doctor and dentist appointments before or after the school day. If this is not possible, please remember to get a doctor's or dentist's note for the attendance clerk.

With this unusually warm fall, it's hard to know how to dress our children. Check the weather reports daily. It's always better to have more clothes than less, such as layers.

This is also the time of year when lice tend to show up! Please check your child's hair regularly. Remind your child not to share brushes, combs or hats and to take his or her own pillow to sleepovers. Lice love squeaky,

clean hair! If you do discover lice, please let me know!

Thank you and have a healthy, fun fall!

Public Education Campaign Monthly Steps

Take A Walk

- Use a pedometer and try to reach 10,000 steps per day.
- Take a walk for a good cause.
- Count your steps between places— just how far is that soda machine vs. the water fountain?
- Join a morning walking club or start your own.

Eat one more fruit or vegetable each day

- Utilize a local farmer's market in your neighborhood or Lynchburg's community market – fresh, flavorful produce at great prices!
- Try locally grown vegetables.
- Look into community gardens for affordable fresh foods – learn more about CSA's at Lynchburggrows.org.

Portion Distortion

- One portion is all that can fit in your hand or fist
- Try eating at the table with the TV off.
- Eat 3 bites less of your bread or dessert.
- Wait 15 minutes before taking seconds to see if you're really still hungry.
- Split meals in restaurants – saves money, too!